

MPNP SELF-ASSESSMENT POINTS

All applicants must complete the MPNP Self-assessment Worksheet (except applicants who are currently working in Manitoba).

Instructions: Determine your points for each of the five factors below. Note that all applicants must have a Connection to Manitoba, under Factor 5: Adaptability. If you do not have a Connection to Manitoba you are NOT eligible to apply, regardless of your points total.

Your worksheet is a required document with your application. For an application to be accepted for consideration you must score at least 60 points. If you score less than 60 points in the MPNP Self-assessment Worksheet you are not eligible to apply.

The MPNP points grid and worksheet are for self-assessment and personal information only. Actual assessment is done by the MPNP after you submit your application, complete with supporting documents and Settlement Plan Part 1, according to current criteria and information on eligibility, policy and procedure published on the MPNP website, immigratemanitoba.com, on the date your application is received by the MPNP.

FACTOR 1: LANGUAGE PROFICIENCY

Language points are calculated according to documented proof of training and ability in one or both of Canada's official languages, English and French. If you are proficient in both, choose as first language the one you are more comfortable using. You must submit official results of a recent MPNP-approved language test as proof of language proficiency (except native speakers*). "CLB" refers to Canadian Language Benchmarks/*Niveaux de compétence linguistique canadiens* (NCLC). For information on approved tests, and how test scores relate to CLB levels indicated below, use the [equivalency tables](#) on our website. (Ex: CLB 4 - 12 points - requires IELTS scores of at least listening 4.5, reading 3.5, writing 4.0, speaking 4.0.)

First language

CLB 8 or higher, or native speaker *	20
CLB 7	18
CLB 6	16
CLB 5	14
CLB 4	12
CLB 3 or lower	0

Second language

CLB 5 or higher	5
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Note: People whose **occupation** is lower skilled (National Occupation Classification C or D) must, to be eligible to apply, have at least CLB 4 in English (or NCLC 4 in French) which requires IELTS test scores of listening 4.5, reading 3.5, writing 4.0, speaking 4.0.

* A native speaker is fluent and has used English or French since earliest childhood as their language of communication in family, school, work and social life in a country where the official language is English or French. For more information and specific qualifications for native speaker visit our website.

MAXIMUM POINTS - FACTOR 1

25 (25 PER CENT OF TOTAL)

FACTOR 2: AGE

Age points are calculated according to the date your application is received by the MPNP.

18	4
19	6
20	8
21 to 45	10
46	8
47	6
48	4
49	2
50 or older	0

MAXIMUM POINTS - FACTOR 2

10 (10 PER CENT OF TOTAL)

FACTOR 3: WORK EXPERIENCE

Work experience points are based on documented proof of full-time employment in the past five years. Only full-time jobs of six months (continuous) or longer are considered.

Less than one year	0
1 year	8
2 years	10
3 years	12
4 years or more	15

MAXIMUM POINTS - FACTOR 3

15 (15 PER CENT OF TOTAL)

FACTOR 4: EDUCATION

Education points are based on documented proof of completed education and/or training programs at recognized education institutions. A completed program is one for which you have met all requirements and received a certificate, diploma or degree.

Master's or Doctorate	25
Two post-secondary programs of at least two years each	23
One post-secondary program of two years or longer	20
One one-year post-secondary program	14
Trade certification *	14
No formal post-secondary education	0

* The MPNP reserves the right to require a third-party assessment to demonstrate trades education and training are comparable to Canadian standards.

MAXIMUM POINTS - FACTOR 4 **25** (25 PER CENT OF TOTAL)

FACTOR 5: ADAPTABILITY

Adaptability points are calculated according to documented proof of a strong connection to Manitoba and employability in your planned occupation, demonstrating that you have the genuine intention and the ability to successfully settle and economically establish in Manitoba as a permanent resident. A Connection to Manitoba is required of ALL applicants. (Regional points are supplemental only.)

Close relative in Manitoba	20
Invitation to Apply received from MPNP as part of recruitment mission or exploratory visit	20
Previous work experience in Manitoba (at least six months)	12
Completed post-secondary program of two years or more in Manitoba	12
Completed post-secondary program of at least one academic year in Manitoba	10
Friend or distant relative living in Manitoba	10

In addition to Adaptability points for one line (only) above, you may also score Adaptability points for Regional Immigration for having a demonstrated connection to, and plan to settle in, a region of Manitoba outside the city of Winnipeg.

Regional Immigration	5
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MAXIMUM POINTS - FACTOR 5 **25** (25 PER CENT OF TOTAL)

MAXIMUM POINTS TOTAL **100** (100 PER CENT)

How to complete the worksheet: Enter the number of points you score yourself in each of the five factors, according to the grid. Your completed worksheet must be included with your MPNP application. To be eligible to apply to the MPNP you must score at least 60 points including a Connection to Manitoba under Factor 5: Adaptability. (Ex: If you score 60 or more points but have no points for a Connection to Manitoba under Factor 5, you are NOT eligible to apply.)

Using the free application Adobe Reader type your number of points for each factor in the column titled Your Points. The PDF form will calculate your total. Then save the PDF to your computer.

SELF-ASSESSMENT WORKSHEET

ELIGIBILITY FACTORS	MAXIMUM POINTS	YOUR POINTS
1. Language	25	
2. Age	10	
3. Work experience	15	
4. Education	25	
5. Adaptability	25	
Total		